

EMERGENCY PREPAREDNESS

COLD WEATHER STORMS



KNOW THE DIFFERENCE:

Wind Chill Temperature:

How cold people feel when outside. As wind increases, heat is carried away from your body at a faster rate, driving down your body temperature and making you feel much colder. The wind chill temperature is not the actual temperature but rather how wind and cold feel on exposed skin.

Winter Storm Outlook:

Winter storm conditions possible in the next two to five days. Stay tuned to local media for updates.

Winter Storm Watch:

Winter storm conditions possible within the next 36 to 48 hours. Review your winter storm plans and stay informed about weather conditions.

 Presented By Systems24-7

WHEN OUTSIDE IN THE COLD:

- Wear layered clothing, mittens or gloves, and a hat. Outer garments should be tightly woven and water repellent.
- Keep dry. Wet clothing loses much of its insulating value and transmits heat rapidly away from the body.
- Cover your mouth to protect your lungs from severely cold air. Avoid taking deep breaths; minimize talking.
- Watch for signs of hypothermia and frostbite.

- Avoid overexertion, such as shoveling heavy snow, pushing a vehicle, or walking in deep snow.
- Walk carefully on snowy, icy sidewalks. Take small, wide steps.
- Sleet, freezing rain, freezing drizzle, and dense fog make for extremely hazardous driving conditions. Check the weather before you hit the road.