

□ Remain calm and avoid sudden movements. □ Give the bear plenty of room, allowing it to continue its activities undisturbed. If it changes its behaviour, you're too close so back away. □ If you see a bear but the bear doesn't see you, detour quickly and quietly. □ If a bear spots you, try to get its attention while it is still farther away. □ You want it to know you are human so talk in a normal voice and waive your arms. □ Remember that a standing bear is not always a sign of aggression. □ Many times, bears will stand to get a better view.



☐ Never feed or throw food to a bear.

IF A BEAR RUNS AT YOU:

- ☐ Bears may run at you to try and scare you off. They may run, then veer off or stop abruptly. If this happens, stand your ground until the bear stops, then slowly back away.
- □ Never run from a bear! If you run, they will likely chase you and bears can run faster than you.
- ☐ Don't climb a tree. Black bears can climb trees, and may be provoked to chase you if they see you climbing.

IF A BLACK BEAR ATTACKS:

- ☐ Be loud, waive your arms, and stand your ground.
- ☐ Fight back! Be aggressive and use any object you have.
- ☐ If bear attacking is a mother who is protecting its cubs, play dead.
- ☐ If you have pepper spray, use it. Begin spraying when it's within 40 ft so it runs into the fog. Aim for the face.