If planning a holiday party, you should plan to send out communication in advance. Put up posters for a local taxi service that employees can call or places to spend the night safely, such as a nearby hotel.

HOLIDAY PARTY THIS SATURDAY NO IMPAIRED DRIVING!!! TAKE A TAXI BRING A DD

If attending a party, you should plan in advance for a sober and designated driver.

Have a buddy system where you can keep each other accountable.

Be a good friend. Don't pressure anyone to consume alcohol or drugs.

Remember, you must be fit for duty on your next work day. You cannot work impaired.

Don't leave any drink unattended.

WORKPLACE PARTIES

HOLIDAY IMPAIRMENT

Know your limit and stay within it.

Place your keys somewhere to prevent driving impaired and don't let anyone else drive impaired.

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We love to celebrate the holiday season with our friends, family and co-workers, but don't let your holidays be ruined because of impairment. Impairment is any loss of physical, psychological or physiological function. When we consume drugs, we reduce, impair or change our ability to process information. This puts us at a greater risk of accident and injury.

DON'T TURN YOUR HOLIDAYS INTO A TRAGEDY